

WAH Part 3-The Wound

Objective

The aim of this week is tougher than last week. All of us have a wound or wounds. The objective of this week is to identify our wound and go into it. This week is not about healing of the wound but to experience it again. Some of you will know what your wound is, others will not and some may deny it. The fact is, we have all been wounded at some point in our lives. Our goal tonight and this week is to face it, see it and put some words to it.

Opening.

How has your week been identifying the poser?

As I said this week is tougher and more personal as the wound is not an easy topic to go into. The point of going into our wound is to be able to live from a whole heart, to see God set us free.

We are going to watch a couple of scenes from "The kid". In the first scene you will see Russell, he has just turned 40 and is in a midlife crisis. He is a poser. One day his eight year old self shows up to take him on a journey to get his heart back. The climax of the film is in scene 20 when big Russell the day he received his wound. Remember the poser comes out of fear, and our fear comes out of our wound.

The scene we just watched was tough. But remember Jesus came to heal the broken hearted and to set the captives free.

Roll the video

Let's watch the video on the wound and see how John and his mates come to terms with it.

Take a coffee break and then talk about the video.

I know that talking about our wounds can be very difficult, so let's respect each other and not offer any advice, or comments on how to fix it. Ps.109:21-22 and Ps. 27:10

This week we need to allow more time for those of us, who want to, to share about our wound. It is really important to do so otherwise we cannot receive healing.

I still cannot identify the wound I received from my dad except to say he never showed me how to become a man. He was so passive. I do remember very clearly being wounded by my first love, she was very kind about it, but she dumped me. I suffered badly and only knew how to face it by anger. It took many years to forgive her and recover. You see, I had gone to the woman for validation.

Would anyone else like to continue.....

Let us go back to our Dads.

- a) What was your dad's message to you in answer to your question "Do I have what it takes?"
- b) What did your dad teach you about yourself as a man?

If you cannot identify your wound with your dad, what did he do with you as a boy? What kind of stuff did you do together? If not, turn to page 98 and do the 'One final question exercise'.

Close

1. So let's just recap tonight. Every man carries a wound, take the time to identify it and put words to it.

2. The wound nearly always comes from a father (or lack of a father)

3. The wound strikes at our deepest question "Do I have what it takes?" and the wound always says 'no'

4. We cannot get our heart back until God heals the wound that each of us carries.

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