

WAH Part 1-The Heart of Man

Objective

The aim of the night is to wake the guys up.

To awaken them to the deep desires God has put in your hearts as men.

To awaken the desires in you that are shared by every man.

To help you put some words to those desires.

To validate those desires as good and true and God given.

Opening.

I first went to a church WAH program some 12 years ago. It impacted me so much that I ran the WAH course in 2006 which you saw on the video promotion disc. I expect this course to have a similar result. This will be a totally non-religious 8 weeks, but it will have a Kingdom focus wherever possible.

Use a trailer like from Braveheart or a section from it. This does the job of firing them up. It lets them know that the program is going to be different and it creates a launching point for the night.

Introduction

After the trailer let them know :

1. It will be an 8 week series and each week will follow on and build upon the previous week's session. It is really important not to miss a night. After tonight you will need to read the next chapter of WAH and do a review prior to the next week's session. This is most helpful to you.
2. It is a journey we are going on together and by the end of it we will begin to come alive as men and begin to really live.
3. We should have discovered our deep heart desires and the destiny the Father has called us to individually and as men. We should begin to walk as Sons in the freedom God has given us.
4. WAH is not just the 'next thing' fad in the never ending Christian merry-go-round. It is a men's movement which is part of the prophecy in Malachi pertaining to the restoration of the hearts of the fathers to their sons and daughters. It will become a way of life. You should expect to be changed after these 8 weeks and begin to walk in your own calling and destiny.
5. Be sensitive regarding each other as we bond together. Give time for each to speak and express how they feel. Do not hog the sharing time.

Roll the video

John and his guys are doing this it without script. It is an example for us to follow, except for the weekly physical exploits, we are doing the same. Listen to the content and how the guys react to the subject matter and what they have to say. Take note if you have experienced the same as any of them

Take a coffee break and then talk about the video.

As we go thru each week's session I intend telling you of my own experience. My image of God was a quiet person. This was because my father was. He never raised his voice or ever really engaged with me in my schooling or outside activity. He was a nice Englishman. He was passive but a good dad who provided for his family. I was never validated by him. I did not know who I was or what I was to be as a man. The teenage years were very difficult for me. I used to stutter and this was very embarrassing.

- a) Let's check out what favourite movies turn us on as men and why they do so. I must say "Gladiator" and how Maximus stays true to his calling, also as a leader and a father and husband.
- b) Which character in your movie would you like to be like and why?
- c) What games did you play as a young lad? What adventures did you get up to?
- d) Read Genesis 1:26-28. We are made in the spiritual image of God, it is a masculine image that we bear. God is wild and dangerous. The word 'nice' does not fit. He is also full of joy. He has an adventurous nature. He is a warrior. He is fearless. Is this a new thought for you?
- e) What do you want to be known as, as a man?
- f) Discuss Proverbs 4:23 'Watch over your hearts with all diligence, for from it flows the wellspring of life'. All good desires are god given, especially those for battle, adventure and beauty. In Psalm 34 it says king David prayed that God would meet his heart's desires.
- g) How would you finish this sentence, "For the rest of my life I want to.....
For myself, I want to play my particular role in advancing the kingdom of God and impacting the next generation. I would like it said of me that I was a mighty warrior for the King and his Kingdom, that I impacted and infected those around me with zeal, that my sons followed my example and became valiant warriors in their own life's work for the King.

Close

1. God has made us in his image, as men. He has set within each one of us a masculine heart.
2. If we are ever going to find the life we were meant to live, we've got to get that heart back.
3. That's why we're here. That's the journey we're going to take together.
4. Be on your guard this week. The enemy will try to attack you in different ways. At home, at work, make you too busy and find some distraction for next week.

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