



## Four Steps to Mastery

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[Volume 3 - Session 14]



1. Your story is in the word of God, in the volume of the book. For example, by specific reference Josiah was mentioned before he became king. God wants you to find your identity in ‘the volume of the book’.
2. How do we make the mystical become practical? “He that prays in an unknown tongue builds an edifice in their life on the inside to house the revelation that is missing.” (*Lance Wallnau*)
3. All failure on this side of eternity is due to **insufficient revelation or activation of potential power.**
4. Scripture says you err because you do not know the scriptures nor the power.
5. The virus of our culture is: **‘We go for fast temporary relief’.**
  - Example: This virus causes us to pass over the fundamentals of correct eating, sleeping and exercise which would give us health, and opt for ‘the fast temporary relief’, which of course does not cure the problem.
6. ✪ Your prayers and what kingdom things you think about most will start to **define the sphere** in which you are to operate and are to have authority and influence.
7. We must be sober-minded about **our measure of rule** and the **circle of influence** we are able to occupy before we begin.
8. “Meditate that you might observe to do, so you make your way successful.” This is exactly what Joshua was told to do.
9. What if we were to **meditate on the future** that God wants to manifest in us?
10. The common problem we face is this: **We make what we want a vehicle** to the outcome! This is a **big mistake!**
  - For instance: Prayer is not the vehicle for getting what you want, nor is having a closer walk with God the vehicle, nor experiencing His presence the vehicle.
11. ✪ **Our vehicle must be mastering the process of becoming addicted to the process** with a joyful attitude.
12. Ask yourself: “What are the fundamentals needed to be mastered to enable me to get to the top of my mountain?”
13. **Mastery is when you are devoted to the practice** of something because of the joy that you have in the practice.
14. ✪ **Mastery is achieved by loving the process.**
15. **Learn** how to become addicted to the pleasure of the process.
  - Example: Going to the gym in order to get the right physique you want or to lose weight is only making it the vehicle and thus it is a mistake. The people who actually end up with those great bodies and lose weight are not people who hate or despise the gym but they are those people who come to love the experience of the process of working out.
16. The 4 stages of mastery (for any area of your life you intend to have mastery)
  - (i) Dream
  - (ii) Distress (& pain)
  - (iii) Revelation
  - (iv) Demonstration

17. **STAGE 1 – Dream: God starts off by giving you a dream.**
18. Here we become ‘an unconscious incompetent’ which translates as ‘we don’t know what we’re doing yet’ because we have never been here before.
19. **This dream may start as a prophecy.**
20. **The dream may be visual or otherwise but it is something that is burning in your heart.**
21. **STAGE 2 – Distress: This is where you immediately encounter reality.**
22. Here you become a ‘conscious incompetent’ because you realise you don’t know what you are doing!
23. **This time of stress often becomes longer than we desire it to be.**
24. 🌟 In order to get through the stress stage quicker, **get a mentor** along side of you who can help you because they have been where you are.
25. **This is the stage that defines who are going to become ‘true masters’** and who will learn to love the process.
26. 🌟🌟 **Most of our time** will be spent between promise and fulfilment.
27. **Our problem is that we are obsessed with the science of achievement, which is getting to the end result fast!**
28. What is God doing in the Distress stage?
  - **He is developing** our wisdom, character and power by stretching us. *(See separate diagram)*
29. Breakthrough moments come at the end of this stage 2 process and they often come suddenly.
30. **If you don’t learn the art of fulfilment** then you will be miserable most of your life in the science of achievement because the time of achievement does not last long.
31. **STAGE 3 – Revelation: This is where development kicks in.**
32. Here you become ‘consciously competent’.
33. **This is where what you are doing as a learned process starts to happen automatically.**
34. **STAGE 4 – Demonstration: You achieve your dream.**
35. This is where you have now become an ‘unconscious competent’.
  - Example: After you have gone through the process of learning how to ride a bike or drive a car, one day you realise it has become second nature to you.
36. From Stages 1-4 the Motivational Curve involved in mastery is:  
Happy → Sad → I think something is happening → I’m really happy now.
37. From Stages 1-4 the Skill Curve involved in mastery is:  
I don’t know what I’m doing → Now I know I don’t know → I think I know now → Now I get it.
38. **The moment of truth is when the declining motivational curve intersects in stage 2 with the rising skill curve. This is the moment when you hit reality.**
39. 🌟 It is vital in the process to have people prophetically declaring your destiny over you for it to lead to your destination.
40. Why do we have to become addicted to the process? It is because **it is in the process that God is integrating the revelation, the anointing, the gifting and the destiny into you so that you become ‘one with the message’** you have been given.
41. **After you have success God takes you back to square one and gives you another dream to take you to the next level and the same process continues.**

## Summary.

1. All failure on this side of eternity is due to insufficient revelation or activation of potential power.
2. Your prayers and what you think about in regard to the kingdom will start to define the sphere in which you are to operate and are to have authority and influence.
3. The common problem is this: we make what we want a vehicle to the outcome!
4. Mastery is when you are devoted to the practice of something because of the joy that you have in the practice.
5. Mastery is achieved by loving the process.
6. Learn how to become addicted to the pleasure of the process.
7. The 4 stages of mastery:
  - Dream: God starts off by giving you a dream.
  - Distress: Here you go through a stage of pain.
  - Revelation: Development kicks in here.
  - Demonstration: You achieve your dream.
8. Understand the motivational and the skill curve.
9. You have to become addicted to the process.

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7-5-2014

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19-7-2014

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